

Wyoming Administrative Rules

Health, Department of

Community Program - Mental Health & Substance Abuse Program

Chapter 9: Mental Health Service Standards

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CHAPTER IX

MENTAL HEALTH SERVICE STANDARDS

Section 1. General.

(a) A mental health program shall provide, at minimum, Outpatient Services (Clinical Assessment, Individual Therapy, and, as practicable, Rehabilitation Therapy), Consultation and Education, and Liaison Services.

(b) In addition to other clients, a mental health program shall serve persons who are seriously mentally ill according to the definition of the Division.

Section 2. Outpatient Services.

(a) Outpatient services are non-residential diagnostic and treatment services that are provided to persons and their families.

(b) Outpatient services include:

(i) Clinical Assessment: Therapeutic contacts with the client, relatives, and significant others to the extent necessary to complete an accurate evaluation and DSM-III-R diagnosis, including psychological testing as indicated, for the purpose of writing an assessment and developing the treatment plan.

(ii) Individual Therapy: Therapeutic contact with the enrolled client for the purpose of implementing the treatment plan.

(iii) Family/Couples Therapy: Therapeutic contact with the enrolled client and one or more persons, who are considered by the client to be family/partner, for the purpose of resolving problems identified in the treatment plan.

(iv) Case Management: Case management means case review, setting of treatment goals, design of treatment plan, coordination of the necessary components of the plan, monitoring of the treatment, and retention of responsibility for the clients' treatment, performed by qualified staff of the community mental health center or clinic with the objective of assuming an integrated system of care for the client.

(v) Medication Management/Monitoring: Therapeutic contact with a client by medical personnel (licensed physician, licensed physician's assistant, or licensed registered nurse as appropriate) for the purpose of prescribing or monitoring medication, including education of the client regarding appropriate use and side effects.

(vi) Group Therapy: Therapeutic contact with two or more unrelated clients by one or more mental health professionals or counselors for the purpose of implementing each client's treatment plan.

(vii) Day Treatment: Therapeutic contact with two or more clients by one or more thera-

pists or counselors for the purpose of providing a preplanned and structured program of group treatment activities which may include skill training, education about illness and medications, group counseling and problem solving, and similar treatment.

Section 3. Consultation and Education Services.

(a) Consultation services are case-centered or program centered services rendered to other human service agencies, health care professionals, or human service oriented groups in order to assist them in meeting the mental health needs of their constituents who are NOT clients of the mental health center. Consultation does not involve treatment of individuals or groups in lieu of enrolling such persons as clients of the mental health centers.

(b) Education services are designed to increase the level of mental health knowledge or skills of the lay public or specialized groups of individuals in the community. Education services may consist of providing mental health information to the general public, skill training, conducting workshops, seminars, or similar experiences. It does not include staff development or continuing educational experiences for the agency's own staff, political activities designed to influence voters on mental health issues, or activities which are primarily fund-raising in nature.

(c) Providers of consultation and education services shall maintain a record which includes the following for each consultation and education activity reimbursed by the Division:

- (i) The date and recipient(s) of service.
- (ii) The number of people receiving the service.
- (iii) The name(s) of staff providing the service.
- (iv) The type and duration of the activity.

Section 4. Liaison Services.

(a) Liaison service is coordination of client care between the community mental health program and the Wyoming State Hospital for the purpose of diverting inappropriate admissions to the State Hospital and of planning ongoing treatment after discharge.

(b) Liaison services may be provided to other inpatient or residential treatment facilities but not in correctional facilities or nursing homes.

(c) Mental health programs providing liaison services shall:

(i) Screen and evaluate clients for possible admission to determine whether or not such clients are to be referred to an inpatient program;

(ii) Make available, either directly or through referral, appropriate support and information services to the client, family, and significant others during the client's inpatient treatment;

(iii) Establish, in cooperation with the inpatient program, an appropriate treatment plan designed to maximize successful readjustment to the community upon discharge; and

(iv) For clients admitted to a hospital under Title 25, forward all appropriate records to the inpatient program according to W.S. 25-10-122(b).

(d) The client shall be treated in the least restrictive environment reasonably available.

(e) To facilitate the adjustment of formerly hospitalized clients to community living, appropriate follow-up and treatment shall be offered to the client through the program's outpatient services and other appropriate services.

Section 5. Vocational Services for Seriously Mentally Ill Persons.

(a) Vocational services shall be provided by persons who meet one of the following standards either as a Vocational Services Specialist or Technician:

(i) Vocational Services Specialist

(A) Have a degree in vocational rehabilitation or a vocationally related field with training or experience in the provision of vocational services; or

(B) Have a degree in a human relations field and a minimum of one year experience in providing vocational services; or

(C) Be a mental health professional or counselor supervised by a Vocational Service Specialist; or

(D) Have two years' supervised experience as a Vocational Services Technician.

(ii) Vocational Services Technician

(A) A person who has a high school diploma or a higher degree and training or experience in the provision of vocational services. A Vocational Technician must be supervised by a Vocational Services Specialist or Mental Health Professional; or

(B) A seriously mentally ill consumer who has successfully completed a vocational program that was specifically designed for persons with seriously mental illness and has been employed a minimum of one year in an integrated setting.

(b) An agency offering supported employment vocational services shall provide pre-vocational services.

(c) Supported employment services shall include, as appropriate for individual clients:

(i) Assessment procedures to include assessment of work skills, functional abilities, and

psychosocial skills;

(ii) Client vocational plan which includes staff, client, and industry responsibilities;

(iii) The following on and off the job site training functions should be provided, as appropriate, for the individual client:

(A) Job Specifications and/or task analysis;

(B) A systematic plan of instruction in work skills and behaviors to be acquired;

(C) A plan to develop appropriate social and interpersonal skills necessary to retain employment;

(D) A plan to transfer supervision from the program to industry;

(iv) Structured provision for acquiring periodic client status information from the employer and significant others.

Section 6. Recreation/Socialization: Recreation outings and social activities provided to clients by one or more mental health professional or counselors as one part of a client's individual treatment plan for individual group therapy services.

Section 7. Residential Services.

(a) Group Residential Services are non-medical, fully supervised room, board, and therapeutic structure provided in a licensed facility directly operated by professional staff of a state certified community mental health center that also provides outpatient treatment for residents. Such programs shall be licensed by the Department of Health, under Standards for the Licensing of Group Residential Programs for Mentally Ill Persons.

(b) Adult Support Homes are non-medical, fully supervised, or semi-supervised room and board purchased from an approved foster provider, boarding home provider, or commercial facility by and under the supervision of a state certified community mental health center that also provides outpatient treatment for residents. Such programs shall be licensed by the Department of Health under Standards for Adult Support Homes.